

Hygiene Service

At Woodford Dental Care we have two ways you can book to see one of our caring and professional hygienists.

Either you are referred following an oral health assessment with one of our dentists **Or** a booking is made with our hygiene service directly, without seeing a dentist (1 hour appointment).

**Initial appointment
(60 minutes) £110**

Assessment and measurements to diagnose gum health. The hygienist will guide you on the best methods of cleaning your teeth and gums to remove dental plaque to improve treatment outcomes

You may have some professional cleaning started to assist cleaning better at home. The hygienist will recommend how many further appointments will be required and how often you should be coming back.

**Children's appointments
(30 minutes) £55**

Instilling good habits early are key to prevent tooth decay, gum disease and bad breath. This will involve professional cleaning to assist cleaning at home.

**Simple Scale and Polish
(30 minutes) £55**

For low risk patients only – only available on recommendation by dentist/ hygienist.

**Active Treatment
(30/60 minutes) £55/£110**

Following your initial assessment, intensive professional cleaning to treat and prevent gum disease progressing. Depending on the extent of gum disease this may require a number of appointments

**Maintenance
(30/60 minutes) £55/£110**

Following a course of active treatment by the hygienist or periodontist you will be required to maintain oral health. This involves professional cleaning at regular intervals often every 3 months.

**Orthodontic maintenance
(30/60 minutes) £55/£110**

Braces require extra maintenance to prevent tooth decay or gum disease which can affect the health of your mouth. This will also involve professional cleaning to assist cleaning at home.

Hygiene Service

Complications, Benefits & Alternative Options

Expected complications

- Numbness lasting a few hours.
- Discomfort, swelling and/or bruising lasting a few days.
- Increased sensitivity to cold, hot or sweet stimuli.
- Requirement for maintenance cleaning in the future.

Common risks and complications

- Trauma to other parts of the mouth including teeth, gums, cheeks, tongue etc.
- Possible risk of abscess
- Gum recession and exposure of the root surface and black triangles in between your teeth.

Rare risks and complications

- Trauma to tissues underneath the tooth including bone, sinus, and nerves.
- Allergic reaction to something used during the procedure.

Benefits

- Reduces the causes of periodontal disease to a level manageable by your immune system.
- Prevents widening of spaces and drifting of the teeth.
- Ensures that further progression is prevented and monitored closely.

Alternative options

- Referral to a specialist in this field may be recommended
- Regular hygienist visits as a cosmetic option – will not treat periodontal (gum) disease.
- Treating the tooth in a different way such as extraction.
- Opting to refuse treatment increases the risk of loss of gum strength, which could lead to tooth loss.

Treatment Acceptance

I acknowledge that this procedure has been explained to me and I am happy to proceed with treatment.

Patient signature:

Patient Name:

Date:

Treatment Refusal

I choose to refuse the above treatment and understand the possible consequences. This may include the loss of bone and multiple teeth.

Patient signature:

Patient Name:

Date: