

Post Implant Advice

By following these simple instructions it will ensure a speedy recovery from your recent treatment.

After local anaesthetics be careful not to bite your lip, tongue or cheeks, as they will be numb. Avoid very hot drinks until the numbness wears off as you could burn yourself.

Brush your teeth as normal being gentler around the surgical wound. It is normal to expect some pain and swelling around the surgery site for a few days/week.

You may choose to take normal doses of ibuprofen or paracetamol over the next few days. We normally advise taking standard anti-inflammatory pain killers for at the least the first 24 hours.

Pain

If you have any pain, take what you would normally take for a headache. Always read the label and do not exceed the recommended dose in the instructions.

Consult your Dentist if you have persistent bleeding or anything you believe is unusual with severe pain which is uncontrolled by painkillers. Alternatively call 111 or visit your local A&E.

During normal practice hours and out of hours call 02085040262 or email: woodforddentalcare@soegateway.com and leave a message and we will contact you as soon as we can.

Swelling

A cold bag or ice pack can be placed on the area to reduce any swelling.

Eating and drinking

Avoid very hot liquids. Eat and drink as normal once your normal sensation has returned.

On the days after the implant

Dissolve a level teaspoonful of salt in a glass of warm water. Bathe the area and repeat with the remaining salt solution in the glass after food four times a day. Alternatively, this method can be done with a Corsodyl mouth rinse.

Continue with this mouth care – at least for the next week or so.